



bringing the past to the present at the museum

Creating Connections Symposium

Program Schedule

October 1st, 2018

9:30 am to 2:00 pm

9:30 am to 10:00 am	Refreshments	Community Gallery
10:00 am to 10:05 am	Welcome and introduction remarks by Brian Meehan, Museum London Executive Director	Second Level
10:05 am to 10:45 am	<p>Keynote Address by Pat Spadafora, MSW</p> <p>Pat Spadafora of Kaleidoscope Consulting is the founder and former director of the Centre for Elder Research, an applied research Centre of Excellence in Sheridan College, Oakville Ontario where she led the Centre in developing a reputation for innovative research and community engagement. Through Kaleidoscope Consulting, Pat's mission is to change the way we view aging.</p> <p>Ms. Spadafora has over 35 years of experience in social work and education. Her expertise is in many areas including the psychosocial dimensions of aging, social inclusion and interaction, and the role of the arts in promoting healthy aging</p> <p>Pat Spadafora's presentation at this Symposium will focus on the power of storytelling, reminiscence, memories and the importance of maintaining the connections of older adults in the community.</p>	
11:00 am to 11:45 am	Morning workshop presentations	
	<p>Alzheimer's Society London and Middlesex</p> <p>Jennifer Hale and Jenn Pruder will share information about the iPod and Intergenerational Choir music programs. Participants will enjoy the ASML Intergenerational Choir through a video presentation.</p>	<p>Lecture Theatre</p> <p>Lower Level</p>
	<p>Audrey Cooper</p> <p>At the age of 76, Audrey Cooper started painting. At the age of 86 she started her own art gallery and studio. Hear Audrey's inspiring story about the benefits she realized by painting her childhood memories. Now, at 91 years young, Audrey is the Artist in Residence with the London Creative Age Festivals. She brings her colourful paintings to share with workshop participants.</p>	<p>Creative Studio, Centre at the Forks</p> <p>Main Level</p>
	<p>Memory Box Pilot Project</p> <p>Museum London and London Public Library staff share information about the Memory Box Pilot Project and how the boxes can be used to generate social time and group discussion at seniors' centres, retirement homes and family gatherings. Sandy Ross (Word's Worth Communications) will review the Memory Box Facilitator's Guidebook and share her experience with facilitating reminiscence group discussions for her creative writing programs called Storytelling Your Life.</p>	<p>Boardroom</p> <p>Lower Level</p>

<p>12:00 noon to 12:50 pm</p>	<p>Complimentary buffet luncheon</p> <p>The luncheon presentation is about a Little Nostalgic Idea that Grew. Dana Lawrence (MSW Social Worker) and Lyn Ibson, are Facebook page administrators of "If you grew up in London, you will remember when..." currently with over 26,000 online members. The presenters will share first hand experience in observing how the internet can help reduce social isolation.</p>	<p>Communi- ty Gallery Second Level</p>
<p>1:00 pm to 1:50 pm</p>	<p>Afternoon workshop presentations co-sponsored by the Age Friendly London Network</p>	
	<p>Age Friendly London Network followed by entertainment with June Cole and the Maple Sugar Band</p> <p>Michelle Dellamora from the City of London and Patrick Fleming MSW – RSW fr the Geriatric Mental Heath Program, London Heath Sciences Centre. Patrick Fleming has been a major support with London becoming an Age Friendly designated city by the World Health Organization. Patrick has chaired the Community Support and Health Services working group with the Age Friendly London Network.</p> <p>June Cole is the lead vocalist for Maple Sugar Band and she delights audiences with Jazz and Broadway standards you'll remember from the 1940's and 50's. She'll be accompanied by highly acclaimed vocal coach and music director Marque Smith.</p> <p>June has performed at the National Arts Centre; the Red Barn Theatre; the Port Stanley Summer Theatre; Toronto's Solar Stage; and, in London Ontario, at the Arts Project, the Grand Theatre, and the McManus Theatre. In 2016, June won the regional Seniors Got Talent competition.</p>	<p>Lecture Theatre Lower Level</p>
	<p>Free Guided Tour <i>Free Guided Tour of the Museum London Tingley Exhibit 1pm to 1:45pm with Volunteer Tour Guides</i></p>	<p>Creative Studio, Centre at the Forks Main Level</p>
<p>2:00 pm</p>	<p>Wrap up and door prizes</p>	<p>Lecture Theatre Lower Level</p>

co-sponsored by:



Hello and Greetings to All,

Museum London and the city of London is situated on the traditional territory of the Anishinaabe, Haudenosaunee, Attawandron and Wendat Nations. The territory is covered by the Dish With One Spoon wampum belt that outlines the land sharing protocols of these Nations. The Dish With One Spoon wampum belt was later shared with the settler nations to this land during the fur trade era to discourage over-harvesting beaver pelts. This territory is also the current homeland of the Chippewas of the Thames First Nation, the Oneida Nation of the Thames, and also the Muncey Delaware Nation and is covered by the Upper Canada Treaties.

On behalf of the Symposium Volunteer Advisory Committee, I am honoured and delighted to welcome you to the Creating Connections Symposium on October 1st, National Seniors Day. It is a great time to celebrate the many contributions of older adults in our neighbourhoods and communities. Our new Centre at the Forks provides new light, energy and breathtaking vistas for you to enjoy. We are proud to welcome you to downtown London and the Forks of the Thames.

Our program is a rich and varied one with one keynote speaker, four invited presenters, a special luncheon presentation, and afternoon entertainment. As Executive Director of Museum London, I know that the success of any event depends ultimately on the many people who have worked with us in planning and organizing both the program and supporting social arrangements. In particular, we thank the volunteers, valued community partners and our project funding from New Horizons for Seniors Canada. Their support has helped us to keep down the costs for all of our participants. Recognition should also go to Museum London and London Public Library staff who have helped with the details of the important aspects of the program and activities.

Enjoy the day and come back soon with your friends and family.

Very best regards,
Brian Meehan
Executive Director, Museum London



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